

# Memory



## Café

*Coffee, conversation, community*

<b>YMCA—Hudson</b> 2211 Vine Street Hudson 1st Thursday 9:30 a.m. — 11 a.m.	<b>Next Door Café</b> 206 N Knowles Ave New Richmond 2nd Wednesday 1 p.m. — 2:30 p.m.	<b>The Eatery, Western WI Health</b> 1100 Bergslien St Baldwin 3rd Thursday 9:30 a.m. — 11 a.m.	<b>The Westwind</b> 709 N Main Street River Falls Last Tuesday 10 a.m. - 11:30 a.m.
---	---	---	---

*No cost to participate. Light snacks and beverages provided.*

*Anyone is welcome - no need to be a resident of the county.*

The Memory Café is a safe, comfortable, and engaging environment for those with memory loss and their caregivers. It is a place where guests can laugh, learn, and remain socially engaged with others traveling the same journey.

The Memory Café monthly meeting will feature speakers, educational offerings, and special activities. Program content will vary based on guests' interests, needs, and concerns. **We welcome those with Alzheimer's disease (or a related diagnosis), individuals with mild cognitive impairment and people who are concerned about memory loss, as well as family members or your care partner.**

What NOT to Expect: *Formal care service, clinical assessments, or personal care services. The Memory Café is not suitable for those with dementia to attend alone if they have specific care needs, high levels of anxiety, disorientation/wandering, or a history of disruptive/aggressive behavior.*

*Sponsored by: ADRC of St. Croix County; The Centre, New Richmond; YMCA-Hudson; Interim; and WITC-New Richmond*

**Please pre-register by calling Nancy Abrahamson at 715-381-4411 or email [nancy.abrahamson@sccwi.gov](mailto:nancy.abrahamson@sccwi.gov)**

10/2017